

SELF DESCRIPTION

Name: _____
 Age: _____ Sexo: _____
 Most recent academic degree achieved: _____ Date: _____

Below you will find sets of four words. Select from each set the word that best describes you and write that number in the box corresponding with the plus sign (+) . Subsequently, from each set, select the word that least describes you; Write that number in the box corresponding with the minus sign (-).

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- 1 Convinces people with his/her ideas
- 2 Gentle, funny
- 3 Modest, humble
- 4 Different person from the rest, does not imitate

- 1 Aggressive, someone who provokes, pushes others
- 2 Life of the party, encourages
- 3 Easy-going, someone who fits anywhere
- 4 Fearful, afraid

- 1 Nice
- 2 God-fearing
- 3 Tenacious, insistent on getting something
- 4 Attractive

- 1 Careful in everything he/she does
- 2 Determined to act
- 3 Able to make something be recognized
- 4 Good person

- 1 Easily lets himself/herself be lead
- 2 Daring, does something dangerous
- 3 Loyal, faithful to someone
- 4 Charming, attracts people

- 1 Willing to do something
- 2 Eager, ambitious
- 3 Reasonable and fair with others
- 4 Enthusiastic, with excitement

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- 1 Willpower, firm in his/her purposes
- 2 Open-minded, accepts others' opinions
- 3 Obliging, pleases others
- 4 Cheerful

- 1 Trusts other people
- 2 Feels sympathy for most people
- 3 Tolerates and accepts others' way of acting
- 4 Assertive, confident

- 1 Calm and balanced at all times
- 2 Precise, accurate
- 3 Nervous
- 4 Jovial, shows joy

- 1 Disciplined, attends orders
- 2 Generous, gives things willingly
- 3 Cheerful
- 4 Persistent, insistent

- 1 Competitive
- 2 Joyful
- 3 Considerate of others
- 4 Has good relationships with people and is reciprocated

- 1 Admirable
- 2 Kind, he is inclined to do good
- 3 Self-sacrificing, gives up something in favor of someone else, he/she sacrifices
- 4 Strong character

Parte 2

+	-
☐	☐
1 Obedient	
2 Choosy, hard to be convinced	
3 Unconquerable, impossible to be convinced	
4 Playful	

☐	☐
1 Respectful	
2 Entrepreneur, starts something, seeks achievement	
3 Optimistic, sees the bright side of things	
4 Helpful	

☐	☐
1 Brave	
2 Inspiring, with enthusiasm to create	
3 Submissive, obedient	
4 Shy	

☐	☐
1 Adaptable, able to adjust to things	
2 Argues a lot	
3 Indifferent, not interested in many things	
4 Easily being liked by others	

☐	☐
1 Friendly	
2 Patient	
3 Self-confident	
4 Moderate and prudent to speak	

☐	☐
1 Content, accepts things with patience	
2 Trustworthy	
3 Peaceful	
4 Positive, sees the bright side of things	

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☐	☐
1 Adventurous, takes risks on unknown facts	
2 Receptive, open to listen	
3 Cordial and affectionate towards others	
4 Acts moderately, calm	

☐	☐
1 Knows to forgive others' fault	
2 Likes order, for things well presented	
3 Vigorous	
4 Sociable	

☐	☐
1 Talkative	
2 Easily controls his/her actions	
3 Acts accordingly to traditions	
4 Decisive	

☐	☐
1 Embarrassed, feels limited to act	
2 Accurate, precise, punctual	
3 Frank, open, sincere	
4 Good partner	

☐	☐
1 Expresses his/her ideas carefully and tactfully	
2 Likes doing daring things	
3 Refined, fine, distinguished	
4 Satisfied, happy	

☐	☐
1 Restless, he/she is not calm	
2 Popular, known by many people	
3 Good neighbor	
4 Devoted, fervent, religious	